



Plant Therapy®
ESSENTIAL OILS

CANDY CANE LATTE SALT SCRUB

WHAT YOU'LL NEED:

- 15 drops Candy Cane
- 15 drops Coffee
- 1/2 cup of Fractionated Coconut Oil
- 1/2 cup of white sea salt
- 1/2 cup of Fine Grain Pink Himalayan Salt
- 3 mixing bowls
- 1 mason-style jar
- Red food coloring & spoon*

WHAT YOU'LL DO:

1. Pour white sea salt into a medium glass bowl
2. Pour Fine Grain Pink Himalayan Salt into a separate medium glass bowl
3. Blend Candy Cane, Coffee, and Fractionated Coconut Oil together in a small bowl
4. Pour half of the oil mixture into the white sea salt, and the other half into the Pink Himalayan Salt; mix well
5. As you pour the salts into your jar, layer them to make a striped, candy cane look.

*Optional: add red food coloring to help the Pink Himalayan Salt POP and use a festive ribbon to tie a pretty spoon to the jar.