

OIL OF THE MONTH  
**CLUB**

# Green Cardamom CO2 EXTRACT



**Ingredients:** Elettaria Cardamomum (Green Cardamom) Seed Extract

**Botanical Name:** *Elettaria cardamomum*

**Country of Origin:**  
Guatemala

**Plant Part:** Seeds and Pods

**Shelf Life:** 3-4 Years

**KidSafe:** Yes

**Pregnancy Safe:** Yes

**Nursing Safe:** Yes

**Pup & Pony Safe:** Yes

**Cautions:** Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. External use only.

PLANT THERAPY, LLC

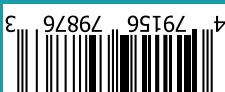
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## DESCRIPTION

Green Cardamom CO2 boasts an energetic and vibrant aroma that stays true to that of the fresh plant material. Its radiantly rich scent is warm, green, herbal, and balsamic-woody in a way that is both sweet, spicy and fresh. This oil stands apart from its steam-distilled variety because the CO2 extraction process preserves all the facets of the plant's profile, resulting in an aroma much closer to the original scent. In addition to its pleasing fragrance, Green Cardamom is incredibly useful for supporting healthy digestion and easing an upset stomach. It also offers valuable respiratory support when seasonal threats are in the air so that you can breathe clearly. Additionally, Green Cardamom CO2 can help produce a passionate and sensual atmosphere when you're in the mood for romance.

## DIRECTIONS

Aromatic - Diffuse using 2-3 drops per 100 mL of water or use in a personal inhaler. Topical - Dilute to 2-3% in a carrier.

**Rich, warm,  
sweet-spicy aroma**

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**Aids in digestion**

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**Supports the  
respiratory system**

