



Post Pool Party Soothing Gel

What you'll need:

2 oz Aloe Vera Jelly
1/2 oz Sunflower Oil
1 tsp Vitamin E oil
10 drops Lavender
5 drops Manuka
3 drops Sandalwood

What you'll do:

Mix ingredients, add to a 4-oz flip-top bottle, and shake well.

Add a small amount to your hand and massage it in after swimming.