



# Vanilla Chai

## SUGAR SCRUB

### WHAT YOU'LL NEED:

- 1 cup refined coconut oil
- 1/2 cup white sugar
- 1/2 cup brown sugar
- 2 chai tea bags
- 25 drops Vanilla Botanical Extract
- 4 drops Cardamom
- 2 drops Allspice
- 2 drops Nutmeg
- 2 drops Ginger Root CO2

### WHAT YOU'LL DO:

Combine white sugar, brown sugar, and contents of the tea bags in a mixing bowl. Add coconut oil (may need to be softened first) and essential oils. Using a hand mixer, thoroughly mix contents until light and fluffy. Use in shower to exfoliate the skin.