

# REFRESHINGLY FALL VAPOR RUB



## WHAT YOU'LL NEED:

¼ cup of Almond Carrier Oil  
3 Tbsp of Beeswax Pearls  
50 drops of Harvest Moon or  
Fall Rain  
Half-pint jar

## WHAT YOU'LL DO:

Melt Beeswax Pearls over a double boiler. Once melted, remove from heat and add Almond Oil and essential oils. Stir to combine. Pour into a small jar or tins and allow to cool. Rub onto your chest to help ease congestion.