



Gingerbread

BATH MELTS

 Plant Therapy®
ESSENTIAL OILS



WHAT YOU'LL NEED:

2 oz Shea Butter
1 tsp Sunflower Oil
30 drops Gingerbread

WHAT YOU'LL DO:

Measure out two ounces of Shea, Cocoa, or Mango Butter. Melt over a double boiler. Once melted, remove from heat and add the carrier oil and essential oils. Mix well and pour into silicone molds. Place in your freezer until solid. Add a bath melt to your bath to soothe your senses and moisturize your skin.