



WINTER WREATH™

EPSOM SALT SOAK

WHAT YOU'LL NEED:

- 1 ½ cup Epsom salt
- ¼ cup baking soda
- 2 Tbsp unscented body wash
- 16 drops Winter Wreath

WHAT YOU'LL DO:

1. Mix all dry ingredients together in a bowl.
2. Mix body wash and essential oils in a separate bowl.
3. Blend dry and wet ingredients together, mixing well.
4. Store in an airtight container.