

# SOOTHING FACE MASK DIY



## **WHAT YOU'LL NEED:**

- 1 Tbsp Calcium Bentonite Clay
- 1 Tbsp Aloe Vera Jelly
- 2 tsp Sunflower Oil
- 2 drops of Lavender
- 1 drop of Tea Tree

## **WHAT YOU'LL DO:**

Combine all the ingredients together in a small bowl. Be sure not to use metal bowls or utensils as they may diminish the benefits of the clay. Mix well, taking care to break up any small clumps. Once mixed, apply to your face and allow it to set for 5-10 minutes. After 5-10 minutes have passed, rinse off with warm water. Repeat 3-4 days later, weekly.