

UNDERARM DETOX DIY



WHAT YOU'LL NEED:

2 tsp apple cider vinegar

2 tsp water

1 tsp honey

1 Tbsp Calcium Bentonite Clay

WHAT YOU'LL DO:

In a non-metal bowl, mix apple cider vinegar, water, and honey until thoroughly combined.

Add Calcium Bentonite Clay and stir with a wooden or plastic spoon. If the mixture is too thick or thin, sprinkle a little more clay or water until you reach a yogurt-like consistency. Apply to underarms and allow to sit for 5-15 minutes. Remove the mask with a damp washcloth. Repeat weekly as needed.